

The international resource for educators, researchers and therapists

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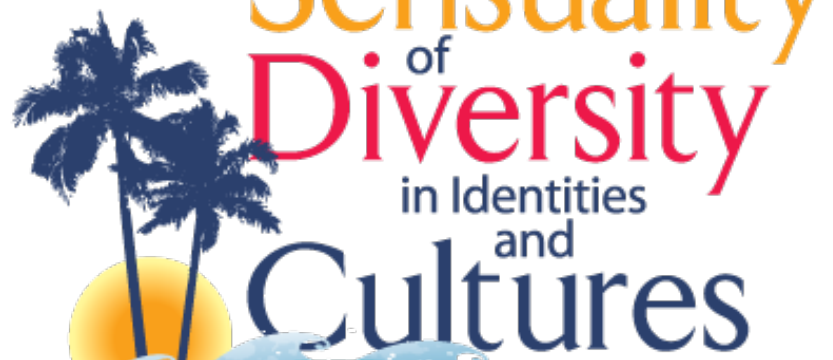
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Embracing the Sensuality of Diversity in Identities and Cultures



THE 2013 CONFERENCE PREVIEW

AASECT membership spans the globe. Thanks to the volunteer efforts of individual and regional representatives, members find opportunities to meet locally throughout the year. But the highlight of the AASECT calendar is the annual conference.

Now in its 45th year, the conference provides an opportunity - for a few days - to not be the only "sex person" in your work place, community, or town. The very act of coming together, sharing ideas, meals, and stories can give us the energy we need when we return to our own communities and continue the challenging work of supporting sexual health. It can also offer plenty of inspiration! And after 45 years one

thing is guaranteed: at an AASECT conference the sparks will fly.

For those who already registered we thought it was time to start getting excited about what awaits you in Miami. And for anyone still on the fence, we turned to this year's conference co-chairs, Carey Roth Bayer (CB) and Bethany Stevens (BS) to learn more about why this year's conference is one not to miss.

What We Publish

Contemporary Sexuality publishes information under the following categories. Deadline for submission is the 5th of the month. Please note that due to space constraints, we might not always have room to publish every announcement.

News of Members

Related-content book and journal article publications, degrees conferred, significant awards, members who have taken on positions in other related organizations, death of a member.

Send news of members to: jason@jasonkae-smith.com

Regional News

Talks, presentations, keynotes, regional get-togethers. Individual announcements should not exceed 100 words.

Send regional news to: jason@jasonkae-smith.com

Continuing Education

AASECT sponsored and AASECT approved CE activities.

Send to CE opportunities to AASECT office: info@aasect.org

How to contact AASECT board members

Can't find what you're looking for on the website? Can't get a question answered through your section leader or regional representative? Listserv members don't have the answers? Feel free to contact a board member directly at:

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contemporary sexuality

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The 2013 Conference Preview

When did planning begin for this year's conference?

CB: We started back in spring 2012. It's about a 1 ½ to 2 year process from securing a site to envisioning a theme and taking submissions - which were way up this year (we had more than 170 submissions) - to the conference itself, then finally working through the feedback.

Can you tell us a bit more about this year's theme? What does it mean to embrace the sensuality of diversity in identities and cultures?

BS: Well, what's great about the AASECT conference is the opportunity it provides for members new and old to connect and share their experiences, knowledge, and perspectives. This year we wanted to infuse that coming together with ideas of diversity and multiplicity of identities.

CB: We want to talk about how intersections of identity are places of strength and are really beautiful. As professionals, we can't pick one part of a person and say we're just going to address gender or race but not this other 'stuff.' It's about how we can help people bring more of who they are together.

BS: It's not about telling people they are or are not doing it right. It's about the ways that learning about different experiences expands everyone's base of knowledge.

CB: And it's about framing the work from a positive perspective, moving beyond disease, disaster, and dysfunction toward overall well-being, a positive sense of self, and pleasure.

What You Bring and What You Leave With

Bayer and Stevens take their responsibilities seriously. They understand the significant investment of time and money involved for members to attend the conference.

In addition to the formal educational opportunities, there are a variety of planned social events and planned breaks during which informal networking can happen. They are also building on the use of social media at previous conferences, with plans to use multiple platforms, including YouTube and Twitter, so that members who are at the conference have opportunities to connect with those who are not able to be there in person.

Both organizers agree that getting the most out of the conference means showing up with an open mind and a willingness to engage with and learn from colleagues, new and old.

Bayer explains, "the conference is an opportunity for members to challenge themselves to grow in terms of knowledge, skills, and attitude, to explore new ideas in a comfortable and collegial space that's open for dialogue, and to make connections."

Stevens adds, "As a new AASECT member I found the networking at the conference to be incredibly rich, and a real sense of friendliness and welcoming. For people new to the field, the conference offers a way of learning about all the different arms of sexuality work. You can spend time with a Tantra practitioner in the morning, learn about research and therapy in the afternoon, and check out one of our Special Interest Group meet-ups at night."



Bethany Stevens



Carey Bayer

“...it's about framing the work from a positive perspective, moving beyond disease, disaster, and dysfunction toward overall well-being, a positive sense of self, and pleasure.”

Waiting for you in Miami

This year's conference features over 60 individual workshops, 6 pre-conference workshops, 4 plenary sessions, 31 posters, a film screening, morning salsa dancing, an awards luncheon, and countless opportunities to relax, reflect, and rejuvenate professionally. Detailed program information and registration are available at the conference website, www.aasectconference.org. Following are some of the highlights of the plenary sessions and pre-conference opportunities.

PLENARY SESSIONS

The opening plenary could not be timelier or more relevant to sexuality professionals across fields and modalities. The DSM-5 will be published in May and the opening plenary speakers are ideal guides to explain the context and content of changes in the DSM as they relate to sexuality professionals.

Kenneth Zucker, Ph.D chaired the Sexual and Gender Identity Disorders Work Group, and previously served on DSM subcommittees for the DSM- III-TR and DSM-IV. He is the Psychologist-in-Chief at the Centre for Addiction and Mental

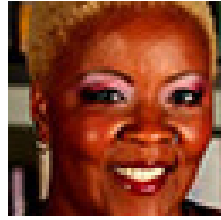
The 2013 Conference Preview



Kenneth.Zucker, PhD



Michael.First, MD



Mollena.Williams



Hector.Carrillo, PhD



Andrea.Pennington, MD

Health (CAMH) in Toronto, Canada, where he also serves as the Head of the Gender Identity Service in Child, Youth, and Family Program.

Michael First, M.D. was the Editor for the DSM-IV-R, the Editor of Text and Criteria for the DSM-IV, and the co-principal investigator on the “Future of Psychiatric Diagnosis” conferences that developed research agendas for both the DSM-5 and ICD-11. Dr. First is a Professor of Clinical Psychiatry at Columbia University, a Research Psychiatrist at the New York State Psychiatric Institute, and maintains a schematherapy and psychopharmacology practice in Manhattan. Their Schiller Plenary talk, *DSM-5: Implicates for the Field of Sexuality*, opens the conference on Thursday evening.

We shift gears somewhat, from the medical to the social, with Mollena Williams’ Friday plenary titled *A Journey into BDSM & Race*. Williams brings twenty years of experience as an active member of BDSM and Leather communities to her work as a teacher and author. Her presentation will explore the intricacies of race within BDSM play.

Williams is the author and co-author of several books on kink and BDSM and speaks across the US, Europe, and Canada on a range of BDSM-related topics in community and academic settings. She received the 2012 Jack McGeorge Award for Excellence in Education by Black Rose for her work as an educator. Williams served as International Ms. Leather in 2010.

For Saturday’s Whipple Plenary, Hector Carrillo, Associate Professor of Sociology and Gender Studies at Northwestern University, and a member of the Governing Board of the Latina and Latino Studies Program will present *Safeguarding Latino Immigrant Populations: Sexual Cultures, HIV Prevention, and Social Change*. Drawing from his research on sexuality and HIV risk among Mexican gay and bisexual immigrant men living in California, Prof. Carrillo will highlight the role sexual-ity professionals can play in promoting the sexual health of immigrant populations. At the same time he’ll challenge us to think critically about the way we conceptualize and talk about the sexual health

of immigrant, ethnic minority, and sexual minority populations, including cultural competence, structural change, agency, empowerment, and social justice. Carrillo explains:

“It is important for sexuality professionals to think about how their work can contribute to larger sexuality-related change at the social and cultural levels. In addition, in the fields of sexuality and health education, there are unresolved issues around how best to promote cultural competence and cultural sensitivity while at the same time challenging values that may hinder sexual equality.”

Professor Carrillo is the author of *The Night Is Young: Sexuality in Mexico in the Time of AIDS* and is a co-convenor of The Sexualities Project at Northwestern, a new initiative that promotes interdisciplinary research and education on sexuality and health in a social context.

To close the conference, Dr. Andrea Pennington, America’s Empowerment Doctor, will share her unique perspective and approach to blending medicine and empowerment coaching in the service of delivering sex education through the mainstream media.

Dr. Pennington graduated from Washington University School of Medicine in St. Louis, Missouri and trained in Pediatrics at Georgetown University Hospital and Age Management Medicine at the Cenegenics Medical Institute in Las Vegas. She served as the Medical Director and Spokesperson for Discovery Health Channel and Discovery Health Online and has been featured on Oprah, Dr. Oz, CNN, Fox News, the Today Show, and the Early Show CBS, among others.

PRE-CONFERENCE WORKSHOPS

The pre-conference workshops offer opportunities for newcomers and seasoned professionals alike to dig a little deeper into their work.

The 2013 Conference Preview

Jose Nanin, Ed.D, M.C.H.E.S, co-director and Associate Professor of Community Health at Kingsborough Community College, City University of New York, will facilitate a *Sexual Attitude Reassessment (SAR)* starting on Wednesday evening and continuing all day on Thursday. William Stayton, M.Div, Th.D, Ph.D. and Jenni Skyler, M.S., Ph.D, co-facilitate an *Advanced SAR* on Thursday.

Also on Thursday, Eli Green, M.A., M.Ed. leads a half day workshop titled *Modes of Being an Ally when Working with Diverse Populations*. The session is geared to educators, counselors, and therapists, and will discuss ways of advocating for individuals from an ally position across identities. It's a perfect primer for the immersion in sexual diversity that await conference goers during the three days of general programming.

At the same time, Susan Lee, MSW, Ed.D., director of the Florida Postgraduate Sex Therapy Training Institute, will facilitate a half-day workshop on *Advanced Cases and Ethical Dilemmas in Sex Therapy*. Lee encourages participants to bring current cases, particularly those in which ethical dilemmas exist, for analysis and discussion. This workshop combines traditional teaching methods with role-play, small group discussion, and large group work.

In the afternoon a complementary session geared to sex educators is offered, led by Susan Milstein, Ph.D., titled *More Than Just Teaching: How to Address Potential Problems, Pitfalls, and Ethical Challenges in Sexuality Education*. Participants will have a chance to explore ethical issues in sex education and learn best practices for addressing ethical dilemmas head on.

Finally Mark Schoen, PhD., long time AASECT educator, and President of SexSmartFilms, will facilitate a half-day workshop for all sexuality professionals on marketing yourself and your work and navigating the ever-shifting and always growing media landscape.

See you in Miami!



So Much Information, So Little Time...

Somewhere on an airplane heading from Hawaii to the Kinsey Institute's Kenneth R. Haslam Polyamory Collection, is a treasure trove of donated communications, magazines and booklets documenting the thinking, philosophy, and lifestyle of members of the groundbreaking Kerista commune, which existed in San Francisco from 1971-1991. Donated by a generous ex-Keristan, these items are but a small part of the vast amounts of research, art, films, books, and history, stored at the Kinsey Institute in Bloomington, IN.

If you've never been to the Kinsey Institute (KI) on the beautiful campus of Indiana University, Bloomington, I highly recommend going. The KI provides a feast of information for even the most seasoned sexologist. It is a place where you will immediately feel welcomed and where you can find information on just about anything related to sexuality. Please visit the Kinsey Institute's website at: <http://www.kinseyinstitute.org/index.html>

I'm thinking of the pleasure of information overload as I anticipate our 45th annual conference, this June in Miami.

My very first AASECT conference was in New York City, in 1987. I attended with Frank Caparulo, a co-worker who trained with Phil and Lorna Sarrel. The AIDS crisis was in full swing and many of the presentations were quite sobering. There was a very strong presence of healthcare professionals, particularly MDs, at the conference. My clearest memory is of the exhibits hall, where one particular vendor stood out. He was demonstrating a device that essentially was an inverted "saddle" from which a very prominent phallus protruded. This phallus undulated and, if memory serves, also moved up and down. I stood there watching this device with rapt attention, until the vendor grabbed my hand and slammed it onto the gyrating phallus and said, "Feel it! Isn't that amazing?" I stood there in shock, my co-worker laughing at me, my hand being given the ride of its life!

Conferences that followed were patchworks of incredible speakers, fascinating topics, and snippets of conversation as I moved through the hallways. I remember smiling to myself and thinking how wonderful it was to be among people who spoke with such comfort and ease about sexual-

ity. I was home! Ultimately, I met many of my heroes at various conferences - Beverly Whipple, Peggy Kleinplatz, Bill Stayton, Roger Libby, Hilda Hutcherson, Betty Dodson, Dennis Suhgrue, William Masters and Virginia Johnson, Harold Lief, Mark Schwartz, David Satcher, Jocelyn Elders, Gina Ogden, Patti Britton, Paul Joannides... the list could go on and on! Conferences are a great way to get up close and personal with the people who influenced you the most. And don't be shy in joining any conversation - conferences are a great way to make friends!

News from the Board

The Summer Institute Returns!

Thanks to the efforts of Joan Sughrue, MEd, BSN, RN, Professional Education Steering Committee Chair, and Susan Stiritz, MBA, PhD, MSW, Coordinator of Sexuality Studies at The George Warren Brown School of Social Work, The AASECT Summer Institute will return!

Hosted by The Brown School of Social Work, Washington University, St. Louis, MO, it will run from July 28-August 2nd. This year's theme is "Transformative Sexuality Education, Counseling, and Therapy." We'll publish more information in an upcoming issue of Contemporary Sexuality.

Familiar Names in New Positions

Please join me in welcoming Logan Levkoff as AASECT's new PR, Media, and Advocacy Chair, and David Ribner and Talli Rosenbaum who both join the Ethics Advisory Committee.

Have You Re-upped?

AASECT changed its renewal dates last year, and some of you may have forgotten to renew your memberships! Please take a moment to make sure your membership is current so that you don't lose out on all of the benefits membership offers.

Please feel free to contact me with any thoughts or suggestions you may have to make AASECT the best it can be. msugglcsw@gmail.com
Happy Spring!



If you've never been to the Kinsey Institute (KI) on the beautiful campus of Indiana University, Bloomington, I highly recommend going. The KI provides a feast of information for even the most seasoned sexologist. It is a place where you will immediately feel welcomed and where you can find information on just about anything related to sexuality.

More Sexting Data, Not a Lot More Information

A study published in the journal *Cyberpsychology, Behavior, and Social Networking* adds to the small number of preliminary studies intended to catalog young people's use of cell phones for sexual communication, or as it's come to be known, sexting.

The authors targeted youth demographically identified as Black and Hispanic in an effort to describe the "prevalence and patterns" of their sexting behaviors. An audio-assisted self-interview tool was used with youth who were part of a larger study assessing HIV and pregnancy prevention work in a large, urban school district in southeast Texas.

For this study, sexting was defined as having ever "sent, posted, received, and/or shared nude or semi-nude pictures or videos and sexually suggestive text-only messages." Researchers asked a total of 1,304 tenth graders (mean age, 16) about overall cell phone use and specifically about using a cell phone for sexual communications.

They report that 23% of youth sent, and 31% received at least one message that would qualify as a sext. While they break the numbers down by whether or not the text included a nude or semi-nude picture, they don't seem to have defined "semi-nude" or "sexually suggestive," which could very well mean that texting a sexual joke or comment, or sharing pictures of oneself in a bathing suit are included in the above numbers.

The data are similar to findings from 2008, when the media began reporting that there was a sexting trend. But they are much higher than data from 2009 and 2011, when 4% and 10% (respectively) of youth texted a sexually themed message to a friend, or a picture to someone else or even themselves.

Read More:

Cyberpsychology, Behavior, and Social Networking: Prevalence and Patterns of Sexting Among Ethnic Minority Urban High School Students

LA Times: Sexting prevalent among minority teens, study finds

New Research on Male Circumcision and Penile Sensitivity

Male circumcision remains a practice and topic that evokes passionate responses from professionals and researchers from a range of perspectives. As a surgical procedure, it remains remarkably under-investigated in terms of its impact on sexual function, response, and experience. This may be in part because of the difficulty in developing meaningful operational definitions of pleasure and experience.

A recent study, the largest of its kind ever conducted, makes an effort to add to the literature by parsing out the issue of penile sensitivity and attempting to answer the question, does removal of the foreskin alter penile sensitivity?

Using an online survey tool, researchers from the University of Ghent in Belgium, asked 1,369 men (1059 uncircumcised and 310 circumcised) a series of questions about penile sensitivity and response in sexual situations. Men were asked to evaluate their genital sensitivity on a five point scale, considering the top, bottom, sides, and shaft of the penis separately, and along four dimensions: sexual pleasure, discomfort/pain, orgasm intensity, and effort required to achieve orgasm when stimulated by themselves or partners.

Setting aside the question of whether or not subjective comparisons of physical sensitivity are meaningful from one person to the next, their findings indicate overall that the foreskin plays an important role in penile sensitivity. Among their reported findings:

For the glans penis, circumcised men reported decreased sexual pleasure and lower orgasm intensity, with more effort required to achieve orgasm.

For the penile shaft, a higher percentage of circumcised men described discomfort and pain, numbness and unusual sensations.

A higher percentage of circumcised men experienced unusual sensations (burning, prickling, itching, or tingling and numbness of the glans penis).

In comparison to men circumcised before puberty, men circumcised during adolescence or later indicated less sexual pleasure at the glans penis and a higher percentage of them reported discomfort or pain and unusual sensations at the penile shaft.

Reference:

Bronselaer, G. A., Schober, J. M., Meyer-Bahlburg, H. F.L., T'Sjoen, G., Vlietinck, R. and Hoebeke, P. B. (2013), Male circumcision decreases penile sensitivity as measured in a large cohort. *BJU International*. doi: 10.1111/j.1464-410X.2012.11761.x

Quick Hits

Married or Cohabiting, What's the Healthy Choice (for Those Who Have One)?

Those of us who work with couples know that identifying one universal relationship factor that leads to positive health outcomes is a fool's game. And yet, sociologists have long documented a variety of physical and mental health benefits conferred on those who are legally married. As the debate on same-sex marriage arrives at the Supreme Court this year, researchers begin to consider the issue in the context of sexual orientation.

A study published in the *Journal of Health and Social Behavior* pooled data from 1997 to 2009 National Health Interview Surveys to compare the self-rated health of same-sex cohabiting men and women, comparing them to the ratings of different-sex married, different-sex cohabiting, and unpartnered divorced, widowed, and never-married adults.

They found that same-sex cohabiting men were 61% more likely than straight married men to say they were in poor or fair health and cohabiting women were 46% more likely to say they were in poor or fair health than straight, married women. They also found that same-sex couples rated their health higher than different-sex cohabiting couples, although they report the difference is largely a measure of socio-economic status. The researchers conclude that health benefits may be due to increased access to health care and reduced stress that married couples may enjoy as a function of social capital and privilege.

Read More:

LA Times: Gay and cohabiting? Straight and married? It could affect your health

David Schnarch chosen for esteemed award by American Psychological Association

Dr. David Schnarch will receive the 2013 APA Award for Outstanding Contributions to Independent Practice. He is also previous recipient of the 2011 AAMFT Award for Outstanding Contribution to Family Therapy and 1995 AASECT Award for Professional Excellence.

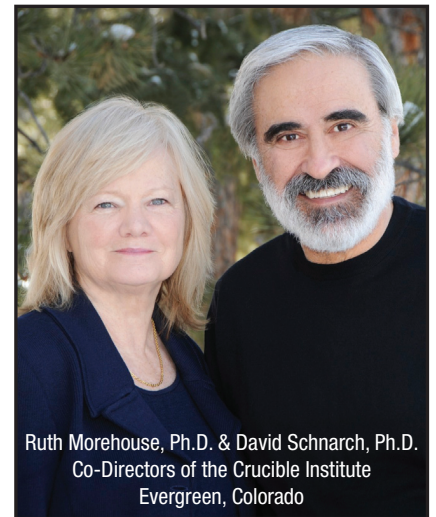
Discover why his approach is receiving so much recognition...

Professionals:

- Oregon AMFT Two day clinical workshop, Schnarch—May 10-11, 2013
- Colorado AMFT Keynote Speakers—September 20, 2013
- Crucible Intimacy and Desire Clinical Workshop
Alexandria, Virginia—September 27-29, 2013

Public:

- Passionate Marriage Couples Enrichment Weekend
San Francisco, California—October 4-6, 2013
- Intensive Therapy Program for Couples or Individuals, available throughout year



Ruth Morehouse, Ph.D. & David Schnarch, Ph.D.
Co-Directors of the Crucible Institute
Evergreen, Colorado

**For more information, please email mfhc@passionatemarriage.com,
call 303.670.2630 or visit www.crucible4points.com**

Quick Hits

Violence Against Women Act Passes With Expanded Protections

After much wrangling and a political fight that appears embarrassing for Congressional Republicans, the House approved a renewal of the Violence Against Women Act by a vote of 286 to 138. The Act, which provides for support and funding of services for victims of domestic and sexual violence, was introduced in 1994 and was most notably expanded to include protections for LGB and Trans individuals, as well as victims of violence who are undocumented.

It also closed an exclusion of Native American women that in the past allowed non-native men to commit crimes on reservations with practical impunity. According to one report, this particular inclusion led one of the 27 House Republicans to vote against the act.

Read More:

New York Times: House Renews Violence Against Women Measure

Chicago Passes Sex-Ed for Kindergartners

According to an ABC News report, the Chicago Board of Education, which manages the third largest public school system in the U.S., approved a new sex education curriculum. The curriculum that will be implemented within two years will include sexual health content beginning in kindergarten.

From kindergarten to third grade, lessons will include anatomy, reproduction, healthy relationships, and personal safety (appropriate and inappropriate touching). Information about puberty and basic HIV information will be introduced in fourth grade, and reproduction, STI prevention, abstinence, contraception, and bullying will be the focus in fifth to twelfth grades. The article also notes that for the first time, sexual orientation and gender identity will be included in curriculum, in an effort to bring the material in line with President Obama's national HIV/AIDS strategy.

Read More:

ABC News: Chicago Passes Sex-Ed for Kindergartners

News of Members

We're thrilled to welcome the following newly certified members to AASECT:

Sex Therapists: Adolph Chavez, Jr., MS, LCMFT; Jack Alan Copley, DMin, LMFT; Tiger Howard Devore, PhD; Shana V. Hamilton-Lockwood, PhD; Brier Jirka, LMHP; Kristen Lilla, MSW, LCSW; Margaret Walsh, MS, MDiv, CNS, CMC

Sexuality Educator: Emilia Canahuati, MA

*** Please note, we do our best to welcome all new members and certified members by listing them here. If we missed you we apologize and please let us know so we can add you in the next issue. Contact Jason Kae-Smith, jason@jasonkae-smith.com*

Dr. Susan Lee was recently presented with honorary lifetime membership in the Sexology Association of India. The presentation took place on September 14th, 2012 at the National Conference of Sexology in Delhi, India where Dr. Lee also presented a day-long workshop to physicians.

Long-time AASECT member and Certified Sex Therapist, Libby Tanner, MSW, PhD, died of cancer on August 2, 2012 at the age of 85. In the 1960s, Dr. Tanner helped establish the nation's first family medicine department at the University of Miami medical school. Tanner then headed that school's undergraduate medical education department from 1975 – 1981 where she created and taught such courses as Human Sexuality and Medical Interviewing. In addition to writing and keeping a busy private practice, Dr. Tanner was a frequent television and radio talk-show guest as well as an international speaker and expert witness. You can read more about Dr. Tanner here.

Member Profiles

Each month we sit down (virtually) with AASECT members to find out about how they came to their work, what their current passions are in the field of human sexuality, and what they love most about being a sexuality professional. If you are interested in being profiled in a future *Contemporary Sexuality* let us know!



Jayleen Galarza

Whether she is working with sex therapy clients, running groups for young people in her role as a mental health counselor at The County Alternative High School in Media, PA, or

exploring the meaning and construction of identity among Latina women who have sex with women for her doctoral research, which she completed this year, Jayleen Galarza says that her work is always either implicitly or explicitly about social justice. Jayleen has been an AASECT member since 2010, and her workshop at the 45th annual conference in Miami is titled *Borderland Queer: Increasing Sexual Inclusion of Queer Latinas*.

CS: When you meet someone new, how do you describe what you do?

JG: I generally say that I'm a clinical social worker who specializes in sexuality issues. I feel that encompasses everything I value about my work. There are times I mention that I am a certified sex therapist, which seems to confuse, disturb, or impress folks. It is pretty funny to see the different reactions from people when I tell them I've chosen sexuality as a profession.

CS: Tell us a little about your work.

JG: I provide therapy to adolescents and young adults who are referred by their home districts for a variety of emotional and behavioral concerns. I'm a part of a team charged with providing weekly individual and group therapy to those youth while also interfacing with school staff, policies, and procedures.

As part of my work I developed and facilitate a psycho-educational sexuality group for clients, called Connections. In the Connections group we address multiple aspects of sexuality such as sexual and gender identity, orientation, love, relationships, trauma, abuse, and STIs.

The areas of sexuality that I'm most interested in are issues related to the intersections of sexual and gender identities and ethnic identities and experiences. As a self-identified queer, Latina, and sexuality professional, I find it my duty to shed light on this aspect of sexuality.

I love working with adolescents and young adults. It's a challenging time in youths' development, as they navigate tough choices around identity and intimacy. They are trying desperately to figure themselves out in the face of peer pressure, family/cultural expectations, and societal messages around self-image.

CS: What educational, training, and/or life experience brought you to work as a sexuality professional?

JG: My path began as an undergraduate at East Stroudsburg University (ESU). I was an English major and Women's Studies minor, and was heavily involved in ESU's women's center. I helped bring the Vagina Monologues to campus, which produced some of my most proud moments as a performer and co-director. I also tackled sexuality initiatives. I led the LGBT student group, facilitated a Day of Silence on campus, and helped to coordinate Take Back the Night. These experiences fueled my passion for both social justice and sexuality.

I went on to earn both my Masters of Social Work (MSW) and Masters of Education (M.Ed) in Human Sexuality at Widener University. I completed my PhD in Human Sexuality at Widener University in 2013.

CS: What's the biggest challenge you are struggling with right now professionally?

JG: One thing I am struggling with professionally is navigating some of the challenges in addressing sexuality within a public school setting. Although I am happy to work in an environment in which I get to incorporate my skills as a counselor and educator, there are times when I am limited in the types of activities I can implement.

One thing I am struggling with professionally is navigating some of the challenges in addressing sexuality within a public school setting. Although I am happy to work in an environment in which I get to incorporate my skills as a counselor and educator, there are times when I am limited in the types of activities I can implement.

Member Profiles

CS: *What do you do when you aren't working?*

JG: I do outreach and provide support to organizations doing some neat work in the community, such as the Gay and Lesbian Latino AIDS Education Initiative (GALAEI) in Philadelphia and AID-SWalk Philly. More recently, I've been volunteering to speak at life skills groups for youth in the foster care system about LGBT issues.

And when I'm just trying to wind down and relax, you can probably find me hiking (when it's not below 0!), reading, writing poetry, dancing, playing board games, eating yummy foods, or traveling! I'm also trying to learn how to knit, but I must say that really is testing my patience.

CS: *What is something you'd like to know about your fellow AASECT members?*

JG: I'd love to know how others are trying to expand our field to be more inclusive of diverse ethnic and cultural identities and experiences. I feel there is much to learn about how various cultures view, interpret, and express sexuality, which is why I am super pumped about the theme of the 2013 AASECT conference.

aasect

See you in Miami
for the Premier Conference for
Sexuality Educators, Counselors and Therapists

Embracing the
Sensuality
of
Diversity
in Identities
and
Cultures

Registration
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June 5-9, 2013 • Hilton Miami Downtown • Miami, Florida
AASECT 45th Annual Conference

Member Profiles



Terri Couwenhoven

Terri Couwenhoven is a certified sexuality educator based in Port Washington, WI (although she travels across the country to present and for work

collaborations). Her work is primarily with people with intellectual/developmental disabilities, their parents, and the professionals who support them. She is also the author of three books about sexuality and sexual development written for young people with intellectual disabilities and for their parents (although each are recommended resources for professionals as well). Her most recent book is *The Boys Guide to Growing Up: Choice & Changes During Puberty*. You can find Terri online at www.terricouwenhoven.com

CS: Can you tell us something about where you learned what you know, professionally? What educational, training, and/or life experience brought you to work as a sexuality professional?

TC: While completing my BS in Community Health Education, one component of the curriculum was Human Sexuality. This was my first introduction to the world of sexuality professionals. My professor, Ann B. Culver, was AASECT certified, which is where I first became familiar with the organization.

My first job out of college was with Planned Parenthood of WI, which was a great training ground for learning how to teach sexuality and understanding reproductive rights issues and advocacy.

At some point, I was asked to work with a group of women with developmental disabilities who were being supported in an apartment program. After that experience, I knew it was where I wanted to focus my time. There were scarce resources in the 80's. I learned as much as I could from the pioneers who dedicated their lives to working with people with developmental disabilities (people like Winifred Kempton, Lynne Stigall-Muccigrosso, Pat Patterson, Pam Boyle, and David Hingsburger) and began modifying and adapting programs we were doing for the general population.

Later, a different kind of learning (let's call it life experience) required me to immerse myself in the world of disabilities. In 1989, our first child was born with Down syndrome. Living and learning with Anna contributes immensely to my perspective-taking, and understanding how and why families struggle with these issues, and how I can help move people forward.

CS: What's the biggest challenge you are struggling with right now professionally?

TC: Sadly, people's pejorative attitudes towards and devaluing of people with intellectual and developmental disabilities has not changed much in the last few decades. I struggle with that. As a society we have great difficulty accepting and embracing "difference." Traditionally among sexuality professionals, we more often talk about this in the context of orientation and gender, but people with disabilities are often forgotten in the broader view of "difference." If we want people to accept difference and diversity, we need to broaden our views to include all differences!

CS: What do you love about working as a sexuality educator?

TC: I feel very much at home in front of a group of parents who are struggling to raise sexually healthy sons and daughters, or people with intellectual disabilities who are struggling with how to be sexually healthy adults.

I enjoy figuring out ways to make complex issues tangible, concrete, and understandable for people with more moderate developmental disabilities. This process of adapting, modifying, and thinking about things from someone else's perspective has made me a better educator. It's a societal benefit of inclusion.

We underestimate how much of a struggle this is for parents. They are so incredibly grateful for the support. I feel great joy in knowing I have helped in some way.

Sadly, people's pejorative attitudes towards and devaluing of people with intellectual and developmental disabilities has not changed much in the last few decades. I struggle with that. As a society we have great difficulty accepting and embracing "difference."

Continuing Education Opportunities

In order to have your approved program listed on the AASECT website and in Contemporary Sexuality, it must be submitted using the Program Event Form to info@aasect.org, by the 5th of the month.

In the event that regularly scheduled posting day falls on a weekend or holiday, all programs must be received by the office the day before.

Beyond The Puritanical: A Cross Cultural Perspective for Public Sexual Health Education

Date: Ongoing, Online Course
Presenter: Mark Schoen
More info: (626) 660-5823,
drmark@SexSmartFilms.com
www.sexsmartfilms.com
AASECT approved for 2 CE credits

Holistic Sex Educator Certificate Program

Date: Ongoing
Location: Hartford, CT
Presenter: Roz Dischiavo
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 185 CE credits

Holistic Sex Therapy Education Certificate Program

Date: Ongoing
Location: Hartford, CT
Presenter: Roz Dischiavo
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 234 CE credits

Sex Therapy Training

Date: Ongoing
Location: Miami, FL
Presenter: Carol L. Clark
Sponsor: Sex Therapy Training Institute
More info: (305) 891-1896,
DrClark@SexTherapyTrainingInstitute.com
www.SexTherapyTrainingInstitute.com
AASECT approved for 5 CE credits

Sex Therapy Postgraduate Training

A One-Year Program
Date: Present-June 2013
Location: Philadelphia, PA
Presenter: Nancy Gambescia
More info: (610) 525-1978,
Ngambescia@aol.com
<http://www.councilforrelationships.org>
AASECT approved for 150 CE credits

Florida Postgraduate Sex Therapy Training Institute:

A One Year Program,
Meets One Day a Month
Date: Present-December 16, 2013
Location: Palm Beach, FL
Presenter: Ricky Siegel, Susan Lee
More info: (561) 833-0066,
drsusanlee@mac.com
www.floridasextherapyinstitute.org
AASECT approved for 120 CE credits

Sexual Attitude Reassessment (SAR)

Date: March 8-10, 2013
Location: Windsor Locks, CT
Presenter: Rosalyn Dischiavo, Joleen Nevers, Liam Snowdon
More info: 860-319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 18 CE credits

Institute for Sexuality Education & Enlightenment

Date: March 8-15, 2013
Location: Windsor Locks, CT
Presenter: Multiple Presenters
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 60 CE credits

Sex and Couples Therapy: Interventions for Sexual Pathology, Infidelity, and Divorce

Date: March 15, 2013
Location: Arlington, VA
Presenter: Tammy Nelson
More info:
<http://catalystcon.com/register>
AASECT approved for 4 CE credits

Restoring & Revitalizing Marital Sexuality

March 15, 2013 in Dayton, OH
April 12, 2013 in Indianapolis, IN
April 19, 2013 Louisville, KY
Presenter: Barry McCarthy
Sponsor: HEALTH-ED
More info: (800) 839-4584,
custserv@health-ed.com
<http://www.health-ed.com>
AASECT approved for 6 CE credits

A New Approach to Treating Female Sexual Disorders

Date: March 21, 2013
Location: Philadelphia, PA
Presenter: Stephen Betchen
Sponsor: Council for Relationships
More info: (610) 525-1978,
drnancygambescia@gmail.com
AASECT approved for 2 CE credits

Sex Therapy Postgraduate Training Institute of New York: 2013-2014

Date: March 23, 2013-October 19, 2014
Location: New York, NY
Presenters: Susan Lee, Ricky Siegel
More info: (561) 833-0066,
drsusanlee@mac.com
www.nypostgradsextherapy.com
AASECT approved for 120 CE credits

Women and Sex

Date: March 26-April 2, 2013
Location: Teleseminar
Presenter: Tammy Nelson
More info: (203) 438-3007
http://www.drtaammynelson.com/live_teleclasses
AASECT approved for 2 CE credits

Continuing Education Opportunities

SSTAR 38th Annual Meeting: Sex Therapy and Research in Transition: Advances and Developments

Date: April 4-7, 2013
Location: Baltimore, MD
Presenters: Multiple Presenters
More info: (204) 787-4495, anne.katz@cancercares.mb.ca
www.sstarnet.org
AASECT approved for 24 CE credits

Lesbians and Sex: Lesbian Relationships, Sexual Challenges, and Dilemmas

Date: April 9, 2013
Location: Teleseminar
Presenter: Tammy Nelson, Michelle O'Mara
More info: (203) 438-3007
http://www.drmtammynelson.com/live_teleclasses
AASECT approved for 1 CE credit

When Sex Gets Complicated: Affairs, Pornography, Low Desire, Dysfunctions, Dissatisfaction, and Everything Else

Date: April 12-13, 2013
Location: Calgary, Canada
Presenters: Marty Klein
Sponsor: Alberta Association of Marriage & Family Therapists
More info: (403) 519-2198,
<http://alturl.com/rw53e>
AASECT approved for 14 CE credits

Amazing SAR Experience

Date: April 12-14, 2013
Location: Reno, NV
Presenter: Patti Britton
Sponsor: University of Nevada/Reno
More info: (775) 843-9593,
toryclark@hotmail.com
www.Renosar.weebly.com
AASECT approved for 15 CE credits

A New Approach to Treating Hypoactive Sexual Desire Disorder

Date: April 18, 2013
Location: Philadelphia PA
Presenter: Stephen Betchen
Sponsor: Council for Relationships
More info: (610) 525-1978,
drnancygambescia@gmail.com
AASECT approved for 2 CE credits

Legal and Ethical Aspects of Sexual Behavior: A Research Symposium

Date: April 20, 2013
Location: Minneapolis, MN
More info: (610) 443-3100,
Thesociety@sexscience.org
<http://www.sexscience.org>
AASECT approved for 4 credits

Challenging Clients in Sex Therapy

Date: April 23, 30 and
May 7, 21, 28, 2013
Location: Teleseminar
Presenter: Tammy Nelson, Gina Ogden
More info: (203) 438-3007
http://www.drmtammynelson.com/live_teleclasses
AASECT approved for 5 CE credits

Sex Issues in Couple Counseling

Date: April 26, 2013
Location: Reston, VA
Presenter: Barry McCarthy
Sponsor: HEALTH-ED
More info: (800) 839-4584,
custserv@health-ed.com
<http://www.health-ed.com>
AASECT approved for 6 CE credits

Institute for Sexuality Education & Enlightenment

Date: April 26 – May 5, 2013
Location: Windsor Locks, CT
Presenter: Multiple Presenters
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 60 CE credits

Extra-Marital Affairs: A New Model for Assessment, Treatment & Relapse Prevention

Date: May 3, 2013
Location: Portland, ME
Presenter: Barry McCarthy
Sponsor: HEALTH-ED
More info: (800) 839-4584,
custserv@health-ed.com
<http://www.health-ed.com>
AASECT approved for 6 CE credits

Erotic Recovery after Infidelity—Creating a New Monogamy

Date: May 4, 2013
Location: Rockville, MD
Presenter: Tammy Nelson
More info: ckraft@jhmi.edu
AASECT approved for 3 CE credits

Sexual Intelligence: Cybersex, Kinky Sex, Pornography, & “Sex Addiction”

Date: May 10, 2013
Location: New York, NY
Presenter: Marty Klein
Sponsor: Ackerman Institute
More info: (212) 879-4900,
<http://alturl.com/3e4di>
AASECT approved for 5 CE credits

Ultimate SAR Experience

Date: May 10-12, 2013
Location: Prague, Czech Republic
Presenter: Patti Britton
More info: (323) 791-7801,
drpattiox@gmail.com
http://theissr.com/SAR_trainings.html
AASECT approved for 15 CE credits

Cancer & Sexuality

Date: May 13, 2013
Location: Philadelphia PA
Presenter: Sabitha Pillai-Friedman
More info: (610) 525-1978,
drnancygambescia@gmail.com
AASECT approved for 5.5 CE credits

Treating the Sexually Unusual

Date: May 16, 2013
Location: Philadelphia, PA
Presenter Stephen Betchen
More info: (610) 525-1978,
drnancygambescia@gmail.com
AASECT approved for 2 CE credits

Continuing Education Opportunities

Ultimate SAR Experience

Date: May 17-19, 2013
Location: Warsaw, Poland
Presenter: Patti Britton
More info: (323) 791-7801,
drpattiox@gmail.com
http://theissr.com/SAR_trainings.html
AASECT approved for 15 CE credits

Attachment, Sexuality, and the Body: An Integrated Approach to Comprehensive Couples and Sex Therapy

Date: May 18, 2013
Location: Los Angeles, CA
Presenter: Stella Resnick
More info: (310) 855-7565,
www.drstellaresnick.com
AASECT approved for 6 CE credits

Evaluation and Diagnosis of Sexual Problems

Date: May 18, 2013
Location: West Hurley, NY
Presenter: Sylvia Rosenfeld
More info: (212) 799-7800,
Sylvia@eintelligence.com
AASECT approved for 3 CE credits

AASECT's 45th Annual Conference

Date: June 5-9, 2013
Location: Miami, FL
Multiple Presenters
More info: (202) 449-1099,
info@aasect.org, www.aasectconference.org
AASECT approved for 19 CE credits

Writing Sex for Success

Date: June 5, 2013
Location: Miami, FL
Presenter: Patti Britton, Gina Ogden
More info: (323) 791-7801,
drpattiox@gmail.com
www.WriteSexForSuccess.com
AASECT approved for 9 CE credits

What to Do When One of You Cheats

Date: June 18-25, 2013
Location: Teleseminar
Presenter: Tammy Nelson
More info: (203) 438-3007
[http://www.drtaammynelson.com/live_](http://www.drtaammynelson.com/live_teleclasses)
[teleclasses](http://www.drtaammynelson.com/live_teleclasses)
AASECT approved for 2 CE credits

Love, Sex, and the Neurobiology of Thriving: An Integrative Approach to Couples and Sex Therapy

Date: June 28-June 29, 2013
Location: Beverly Hills, CA
Presenter: Stella Resnick
More info: (310) 855-7565
www.drstellaresnick.com
AASECT approved for 12 CE credits

Creating Connected Couples Retreat

Date: June 28-30, 2013
Location: Santa Cruz, CA
Presenter: Tammy Nelson,
Susan Mayginnnes
More info: (203) 438-3007,
[http://www.drtaammynelson.com/live_](http://www.drtaammynelson.com/live_teleclasses)
[teleclasses](http://www.drtaammynelson.com/live_teleclasses)
AASECT approved for 21 CE credits

University of Michigan Sexual Health Certificate Program

Date: July 2013-October 2014
Location: Ann Arbor, MI
Presenter: 8 AASECT Certified Sex
Therapists & Sexuality Educators
Sponsor: University of Michigan
More info: (734) 764-4074,
smfoley@umich.edu
[www.ssw.umich.edu/programs/ce/](http://www.ssw.umich.edu/programs/ce/UMSHC/)
[UMSHC/](http://www.ssw.umich.edu/programs/ce/UMSHC/)
AASECT approved for 195 CE credits

Sexual Attitude Reassessment (SAR)

Date: July 12-14, 2013
Location: Windsor Locks, CT
Presenters: Rosalyn Dischiavo, Joleen
Nevers, Liam Snowdon
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 18 CE credits

Institute for Sexuality Education & Enlightenment

Date: July 12-19, 2013
Location: Windsor Locks, CT
Presenter: Multiple Presenters
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 60 CE credits

Clinical Sexology Weeklong Intensive

Date: July 22-26, 2013
Location: Culver City, CA
Presenter: Patti Britton
Sponsor: www.theissr.com
More info: (323) 791-7801,
drpattiox@gmail.com
www.drpattibritton.com,
www.theissr.com
AASECT approved for 40 CE credits

Amazing SAR Experience

Date: July 26-28, 2013
Location: Culver City, CA
Presenter: Patti Britton
Sponsor: www.theissr.com
More info: (323) 791-7801,
drpattiox@gmail.com
www.drpattibritton.com
AASECT approved for 15 CE credits

The Embodiment of Love and Pleasure: Enrichment and Replenishment for Couples

Date: August 18, 2013
Location: Big Sur, CA
Presenters: Stella Resnick
More info: (310) 855-7565,
www.drstellaresnick.com
AASECT approved for 26 CE credits

SSSS Western Region Symposium in cooperation with the California Institute of Integral Studies

Date: August 24, 2013
Location: San Francisco, CA
More info: (610) 443-3100,
Thesociety@sexscience.org
<http://www.sexscience.org>
AASECT approved for 11 CE credits

Continuing Education Opportunities

Full-Spectrum Training Integrating Individual, Couples, and Sex Therapy: Exploring the Interaction between Relationship and Sexual Issues

Dates: September 2013
Locations: Los Angeles, CA and Big Sur, CA

Presenter: Stella Resnick
More info: (310) 855-7565,
www.drstellaresnick.com
AASECT approved for 75 CE credits

Comprehensive Program in Human Sexuality & Sex Therapy

Dates: September 2013-June 2014
Location: New York, NY
Presenter: Virginia Sadock
More info: (212) 535-3271,
Program.humansexuality@nyumc.org
www.Human-sexuality.med.nyu.edu
AASECT approved for 32 CE credits

Sexual Attitude Reassessment (SAR)

Date: September 13-15, 2013
Location: Windsor Locks, CT
Presenter: Rosalyn Dischiavo, Joleen Nevers, Liam Snowdon
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 18 CE credits

Institute for Sexuality Education & Enlightenment

Date: September 13-20, 2013
Location: Windsor Locks, CT
Presenter: Multiple Presenters
More info: (860) 319-0966 x107,
info@iseee.co
www.instituteforsexuality.com
AASECT approved for 60 CE credits

Clinical Sexology Weeklong Intensive

Date: October 7-11, 2013
Location: Culver City, CA
Presenter: Patti Britton
Sponsor: www.theissr.com
More info: (323) 791-7801,
drpattiox@gmail.com
www.drpattibritton.com
AASECT approved for 40 CE credits

Amazing SAR Experience

Date: October 11-13, 2013
Location: Culver City, CA
Presenter: Patti Britton
Sponsor: www.theissr.com
More info: (323) 791-7801,
drpattiox@gmail.com
www.drpattibritton.com
AASECT approved for 15 CE credits

Medical Sex Therapy

Date: November 9-16, 2013
Location: Palm Beach, FL
Presenter: Michael Krychman,
Susan Lee
Sponsor: Florida Postgraduate Sex
Therapy Training Institute
More info: (561) 833-0066,
drsusanlee@mac.com
www.floridasextherapyinstitute.org,
AASECT approved for 60 CE credits

CONNECTIONS – Interdisciplinary Perspectives on Sexuality

Date: November 14-17, 2013
Location: San Diego, CA
More info: (610) 443-3100,
thesociety@sexscience.org
<http://www.sexscience.org>
AASECT approved for 33 CE credits

The Clinical Sexual Interview: Taking a Sex History

Date: TBA
Online Course
Presenter: David Hersh
Sponsor: Hersh Centre
for Sexual Wellness
More info: (250) 352-0151,
dr.davidhersh@sexualwellness.ca
<http://sexualwellness.ca/clinical-sexual-interview.pdf>
AASECT approved for 12 CE credits