



## AASECT Certification Application Sex Therapist

Name: \_\_\_\_\_ Member ID #: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

### Instructions

Applicants will be evaluated on the basis of the requirements in effect at the time their contract was approved to begin supervision for AASECT Certification. Only those individuals whose application information meets the certification requirements prior to the date of application are eligible for AASECT Certification.

**Applications must be complete before they are reviewed.**

**Please read instructions carefully, and include all required documentation.**

1. Complete all pages of the application form in English.
2. Applicant's signature must appear as designated on the various pages of the application.
3. Applicants must ensure submission of endorsement forms, transcripts and other relevant supporting materials accompany this application.
4. The **non-refundable** application fee of \$300.00 is required before the review process begins.
5. Applications that are complete with all supporting documentation may be either emailed (one single email) to [info@aasect.org](mailto:info@aasect.org) with one to two PDF attachments or mailed to the office at AASECT, 1444 I Street, NW, Suite 700, Washington, DC 20005. **The application should be submitted with no staples, page protectors, tabs, binders, brochures, books or notebooks. Each page of the application should be an 8 ½ X 11 piece of paper (one-sided). It is recommended that you keep a copy of the complete application for your records.**

6. Applicant's supervisor must sign off on the application:

"I have reviewed and approved this application for AASECT Certification." \_\_\_\_\_  
Supervisor Signature

**I. AASECT Membership:** Please include documentation of AASECT membership.

**II. Your Signature:** \_\_\_\_\_

By signing this application, you confirm that you have read the [AASECT Code of Ethics](#) and agree to be bound by them. You also acknowledge that there is no mention of AASECT on any of your websites (personal and professional), nor in any of your printed promotional material. You also acknowledge that you have not presented yourself as being AASECT Certified.

### III. Academic and Professional Experience

Please list your earned academic degrees below.

Degree	Department/Field	Institution	Year Awarded

All academic degrees earned were from an accredited institution. If not, please explain.

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Attach an official transcript of your highest earned academic degree. (minimum of Bachelor's degree)

Please attach your curriculum vitae or resume with total hours of work experience. (Activities that qualify as professional sex therapist experience may be referenced here: <https://www.aasect.org/aasect-requirements-sex-therapist-certification>.)

### IV. Clinical Certification & Licensure

Attach a copy of your valid state regulatory license or certificate in one of the areas states in the [Requirements](#).

### V. Human Sexuality Education: Core Knowledge

Please list below a minimum of ninety (90) clock hours of *Human Sexuality Education*. Applicants must document at least three (3) hours in each content area listed below:

Core Knowledge Area	Course Title	Institution	Date (month/year)	Hours/Week
A. Ethics and ethical behavior				
B. Developmental sexuality from a bio-psycho-social perspective across the life course				
C. Socio-cultural, familial factors (e.g., ethnicity, culture, religion, spirituality, socioeconomic status, family values,) in relation to sexual values and behaviors				

<p><b>D.</b> Issues related to sexual orientation and/or gender identity: heterosexuality, issues and themes impacting lesbian, gay, bisexual, pansexual, asexual people, gender identity and expression</p>	
<p><b>E.</b> Intimacy skills (e.g., social, emotional, sexual), intimate relationships, interpersonal relationships and family dynamics</p>	
<p><b>F.</b> Diversities in sexual expression and lifestyles, including, but not limited to polyamory, swinging, BDSM and tantra</p>	
<p><b>G.</b> Sexual and reproductive anatomy/physiology</p>	
<p><b>H.</b> Health/medical factors that may influence sexuality including, but not limited to illness, disability, drugs, mental health, conception, pregnancy, childbirth, pregnancy termination, contraception, fertility, HIV/AIDS, sexually transmitted infection, other infections, sexual trauma, injury and safer sex practices</p>	
<p><b>I.</b> Range of sexual functioning and behavior, from optimal to problematic, including but not limited to common issues such as: desire discrepancy, lack of desire, difficulty achieving or maintaining arousal, sexual pain, penetration problems and difficulty with orgasm</p>	

J. Sexual exploitation, including sexual abuse, sexual harassment and sexual assault	
K. Cyber sexuality and social media	
L. Substance use/abuse and sexuality	
M. Pleasure enhancement skills	
N. Learning theory and its application	
O. Professional communication and personal reflection skills	
P. History of the discipline of sex research, theory, education, counseling and therapy	
Q. Principles of sexuality research and research methods	

These courses must appear on your academic transcript(s), submitted under **Requirement III**, or be supported by CE certificates, attached.

**Total Hours:** \_\_\_\_\_

## VI. Sex Therapy Training

The applicant will have completed a minimum of sixty (60) clock hours of training in how to effectively carry out (do) sex therapy with patients/clients whose diagnoses include the 'Psychosexual Disorders' described in the current edition of the *Diagnostic and Statistics Manual (DSM)* of the American Psychiatric Association. Of these sixty (60) hours of specialty training in sex therapy, thirty (30) hours may be earned through eLearning. The remaining thirty (30) hours (non-eLearning) must be in-person learning. (Synchronous eLearning does not apply for these remaining thirty (30) hours.)

It is **strongly preferred** that applicants complete an academic (college or university) program in sex therapy or a comprehensive sex therapy program or complete an AASECT approved sex therapy training institute. Applicants must document at least three (3) hours in each content area listed below, with a maximum of twenty (20) hours in any one content area of **A – G** below:

Core Area	Course Title	Institution	Date (month/year)	Hours/Week
<b>A.</b> Theory and methods of sex-related psychotherapy, including several different models				
<b>B.</b> Techniques of sex-related assessment and diagnosis of the 'Psychosexual Disorders' described in the current edition of the <i>DSM</i>				
<b>C.</b> Theory and methods of approach to intervention in relationship systems experiencing sex and intimacy problems				
<b>D.</b> Theory and method of approach to medical intervention in the evaluation and treatment of psychosexual disorders				
<b>E.</b> Principles of consultation, collaboration and referral				
<b>F.</b> Ethical decision-making and best practice				
<b>G.</b> Practicum Experience (demonstrated by internships, field work practicums in graduate school, the required number of supervised hours toward state licensure and 300 hours of experience doing sex therapy)				

These courses must appear on your academic transcript(s), submitted under **Requirement III**, or be supported by CE certificates, attached.

**Total Hours:** \_\_\_\_\_

**VII. Attitudes and Values Training Experience – *Sexual Attitude Reassessment (SAR)***

Attach copy of CE certificate/certificate of attendance.

Title	Sponsor/Leader	Date (month/year)	Hours

Attach a one-page comprehensive statement of your professional philosophy and goals of sexuality education, including how the *SAR* affected that philosophy.











