

Dr. Beverly Whipple PhD, RN, FAAN is a Professor Emerita at Rutgers University, where she completed two masters degrees and a PhD, taught, and conducted revolutionary sexuality research. Dr. Whipple has a BS in Nursing from Wagner College, a Masters in Counseling, a Masters in Nursing, and a PhD in Psychobiology with a major in Neurophysiology from Rutgers University.

Dr. Whipple is known for her groundbreaking research into female sexual experiences and functioning, which has occupied over four decades of her life. Why would she spend the greatest portion of her life in a lab, examining women's sexual responses with fMRIs? "I think it is really important that women know how their bodies work and that they can have as much sexual and sensual pleasure as they are capable. Earlier sex researchers were men who could not get beyond male models of sexual functioning to see the complexity, variety, and robustness of female sexual functioning. Only when women know what they are capable of sexually, can they use all the resources they possess to gain sexual and sensual satisfaction, an important source of total wellness, stronger relationships with partners, happiness, and creativity," she explained in a January, 2017 interview. Results of Dr. Whipple's research provide evidence for the existence of the G-spot, female ejaculation, and women's capability to orgasm from a multitude of different experiences—including fantasy alone.

Dr. Whipple's research into the role of the vagus nerve in female sexual responses today helps paralyzed women reclaim orgasms they thought they had lost forever as a result of spinal cord injuries. More recently, Dr. Whipple has been working with women who suffer from persistent genital arousal disorder, a condition rendering women in a constant state of arousal that no amount of orgasms can relieve. She is hoping that biofeedback training can help them affect changes in their experiences.

Despite her academic prowess, Dr. Whipple speaks about her life's work nationally and internationally with the voice of the nurse she originally trained to be. You can hear how motivated she is to provide care and comfort to others, especially women. "The most common question I get is, 'Am I normal?' " she says. "My goal is to validate women's sensual and sexual experiences."

Dr. Whipple's valuing of women's experiences has not been limited to the lab or the classroom. She has served as the Secretary General/Treasurer of World Association for

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Sexual Health (WAS) from 2005 to 2009. She was President of the Society for the Scientific Study of Sexuality (SSSS) from 2002 to 2003. She was President of the American Association of Sexuality Educators, Counselors and Therapists (AASECT) from 1998 to 2000, and she was the Vice President of the World Association for Sexology from 2001 to 2005. Dr. Whipple was Director of the International Society for the Study of Women's Sexual Health (ISSWSH) from 2002 to 2004. She currently serves on the Board of the Foundation for the Scientific Study of Sexuality (FSSS) and serves on various AASECT committees.

Dr. Whipple's passion for improving women's health is evident in her CV, which runs eighty-eight pages, listing presentations she has given around the world, articles and books she has published, and many services she has provided to sexuality-related organizations. Further, she and her life's partner, Jim Whipple, have two children and five grandchildren, with whom they spend a great deal of time.

Among Dr. Whipple's published works are the following seven books:

- [*The G Spot: And Other Recent Discoveries About Human Sexuality*](#) (1982) with Alice Khan Ladas and John D. Perry
- *Safe Encounters: How Women Can Say Yes to Pleasure and No to Unsafe Sex* (1989) with Gina Ogden
- *Smart Women, Strong Bones* (2000) with Ronda Gates
- *Outwitting Osteoporosis: The Smart Woman's Guide To Bone Health* (2003) with Ronda Gates
- *The G Spot: And Other Discoveries About Human Sexuality* (2005) with Alice Khan Ladas and John D. Perry
- *The Science of Orgasm* (2006) with Barry R. Komisaruk and Carlos Beyer-Flores
- *The Orgasm Answer Guide* (2009) with Barry R. Komisaruk, Sara Nasserzadeh and Carlos Beyer-Flores

Beverly Whipple is truly an American treasure and an AASECT member who has contributed a lifetime of contributions to the expansion of sexual knowledge and sex positivity.

Dr. Beverly Whipple's published books.

1982 Ladas, AK., Whipple, B, Perry, JD. [The G spot and Other Recent Discoveries about Human Sexuality](#). NY: Holt, Reinhart and Winston (Dell paperback). On New

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York Times Best Seller list. Published in 22 languages. an International Best Selling Book.

1998 Whipple, B, & Ogden, G. Safe Encounters: How Women can say Yes to Pleasure and No to Unsafe Sex. NY: McGraw-Hill.

2000 Gates, R., & Whipple, B. Smart Women, Strong Bones. Lake Oswego, Or: Four Heart Press.

2003 Gates, R, & Whipple, B. Outwitting Osteoporosis. Hillsboro, OR: Beyond Words Publishing.

2005 Ladas, AK., Whipple, B, & Perry JD. The G spot and other Discoveries about Human Sexuality Classic Edition. New York: Holt/Owl Books

2006 Komisaruk, BR, Beyer-Flores, C & Whipple, B The Science of Orgasm. Baltimore, MD, Johns Hopkins University Press. (SSSS Bullough Best Book Award 2006)
Published in 6 languages_.

2009 Komisaruk, BR, Whipple, B., Nasserzadeh, S. & Beyer-Flores, C. The Orgasm Answer Guide. Baltimore, MD: Johns Hopkins University Press. (AASECT Book Award 2010) Published in 4 languages

Dr. Beverly Whipple's Contributions to AAASECT

1978- 1983 Vice Chairperson New Jersey Section of AAASECT

1978 -present AAASECT Certified Sex Educator

1979-present AAASECT Certified Sex Counselor

1988-1998 AAASECT Editorial Board

1991-1998 Member-at -Large, AAASECT Board of Directors (2 terms)

1991-1998 Administrator, AAASECT Contemporary Sexuality

1994-1998 Chairperson, AAASECT Editorial Board

1994 AAASECT Award for Organizational Leadership

1996-1998 AAASECT President-elect

1998-2000 AAASECT President

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2000-2002 AASECT Past-president (on the Board of Directors)

2000-2002 Chairperson AASECT Nominating Committee

2000-2002 AASECT Editorial Board Committee

2000 AASECT Recognition of Outstanding Contributions as the 19th President

2001 AASECT Certificate of Appreciation for years of dedicated and distinguished service.

2003-2007 Chairperson AASECT International Outreach Committee

2003 AASECT Professional Standard of Excellence Award

2007 AASECT Distinguished Service Award

2010 AASECT Book Award for The Orgasm Answer Guide

2012-present AASECT By-laws committee

Dr. Beverly Whipple's Contributions to other Sexual Health Organizations:

1982- 1983 National Treasurer- Society for the Scientific Study of Sexuality (SSSS)

1988-1989 Society for Sex Therapy and Research (SSTAR) Nominating Committee

1989-1991 Foundation for the Scientific Study of Sexuality (FSSS) Program Committee

1989-2012 SSSS Representative to the Medical Sciences Section of the American Association for the Advancement of Science

1990-1994 FSSS Small Grants Committee

1990-1995 FSSS Board of Directors

1990-1991 FSSS Small Grants Committee

1990-1991 SSSS Publications Committee, Member

1990-1991 SSSS Chairperson National Admissions Committee

1990-1991 SSSS/WAS Liaison Committee

1990-1993 SSSS Eastern Region Representative to the Board of Directors

1990-1992 SSSS Ethics Committee Member

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1990 SSSS Easter Region Scientific Committee

1990-1993 SSSS Eastern Region Executive Committee

1991 SSSS Delegate to the World Congress of Sexology

1991-1992 SSSS Chairperson, Eastern Region Scientific Committee

1991 SSSS National Conference program Committee

1991 SSSS National Conference Scientific Committee

1991-1992 SSSS CASHE representative

1993-1994 SSSS National Treasurer

1993-1994 SSSS Chairperson Budget Committee

1994-1995 SSSS CASHE representative

1997-2001 World Association for Sexual Health (WAS) North American Secretary on Executive Committee

1997-2007 WAS Scientific Committee

2000-2001 WAS President-International Scientific Committee

2000-2004 SSSS National Conference Scientific Committee

2001-2002 SSSS President-elect

2001-20005 WAS Vice-President

2002-2003 SSSS President

2001-2004 International Society for the Study of Women's Sexual Health (ISSWSH) Director on the Board

2003-2004 SSSS Past-president

2004 SSSS Nominating Committee Chairperson

2004 SSTAR Chairperson Book Award Committee

2004 WAS delegate to write the WHO definition of Sexual Health

2004 SSSS Public Service Award

2005-2009 WAS Secretary General/Treasurer

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2005 Kinsey Award, SSSS

2009-present FSSS Honorary Member of the Board of Directors

2009 Honorary Emeritus Member- SSSS

Dr. Beverly Whipple's Other Contributions to Sexual Health:

Recipient of over 115 Awards for her research and contributions to sexual health, nationally and internationally

1982 Named one of "People to Watch" by the Philadelphia Magazine.

1983 Name one of the "People We have Watched" in the past 10 years by the Philadelphia Magazine

1982 Hugo Beigel Research Award for research excellence and the best article published in the Journal of Sex Research

1986- present International Who's Who in Sexology

1991-present Fellow of the Society for the Scientific of Sex

1991-present Fellow of the American Academy of Nursing

1993-present The World Who's Who of Women

1993-present Who's Who in the World

1998 Distinguished Scientific Award from SSSS

2006 Named one of the 50 most influential scientists in the word by The New Scientist

2006 Name one of the Top 100 Educators

2007 Named International Educator of the Year

2007 Named and Alumni **Fellow** by Wagner College

2010 Patty Brisben Foundation Excellence in Women's Health Award

2011 **Gold Medal** for Lifetime Contributions- Highest Honor from the World Association for Sexual Health (WAS)

2013 Masters and Johnson Award for exceptional lifetime achievements in sexual health from the Society for Sex Therapy and Research (SSTAR)

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2013 Named one of the 10 Sexual Revolutionaries you Should Know by Cosmopolitan Magazine.

2013 Inauguration of "El Centro De Investigacion en Sexologis: Dr. Beverly Whipple" Research Center named after Dr. Beverly Whipple in Puebla, Mexico

2016 On November 10, 2016, the 250th anniversary of Rutgers University, received The Rutgers Medal, which read "Rutgers University 250th Anniversary **Fellow.**"

2001- present The Whipple Family Plenary was started.

Origins of the Whipple Plenary: When Dr. Beverly Whipple was president of AASECT, AASECT members said they benefited so much from hearing about new research concerning sexuality and sexual health during the joint AASECT/SSSS meetings that Dr. Whipple's family started a specialized and titled endowment fund within FSSS, the initial purpose of which is to support a plenary at the AASECT Conference.

Purpose: Initially, the purpose of the Whipple Family Fund is to provide financial support for a plenary at the AASECT Conference. This plenary will demonstrate the application of research to practice in sexuality education, counseling, or sex therapy. As additional funds become available in the endowment, other activities related to the application of sexuality research to practical applications in the field may be addressed.